



About The 1000 Women Trust

Background

1000 Women Trust is a registered Trust in South Africa (IT738/2014) and a Non-Profit Organisation. The organisation evolved to not just raise awareness and inspire women, but to strengthen women-led initiatives across the country that work tirelessly to bring hope, protection and knowledge to women living in abusive relationships.

Over the past 13 years, we have engaged with over 900 formal and informal organisations working directly with women and girls on issues related to gender-based violence and human rights. We have successfully activated women in the Western Cape, Mpumalanga, Limpopo, KwaZulu Natal, Gauteng, Northern Cape.

Our mission

1000 Women Trust's mission is to grow a network of women and men who actively care for each other and work together to keep our communities safe and free of violence.

Our vision

The big picture is to promote gender equality, eradicate violence against women and create a better socio-economic environment for our country.

Who we serve

The target group of people that we serve are vulnerable women, girls over the age of 18 years, women survivors of gender-based violence, all racial groups, and living in both urban and rural communities.

Overall Objectives

1. *Advocacy:* To organize three network opportunities where a diverse group of women can meet and mentor each other.
2. *Healing and Sharing:* Create opportunities for women leaders who are survivors of violence can find their voice and share their story with others.
3. *Mobilize Resources:* provide services, resources and support to NGOs, community-based organisations and movements led by women.
4. *Skills Training:* To provide ICT training to women-led organisations, amplifying their voice so they can reach donors, activists and communities through the use of social media.

We believe that if women have access to knowledge skills and resources they will become powerful agents of change in their environment, their voice will be heard and democracy strengthened.

Projects

Advocacy through network opportunities

The flagship event of the 1000 Women 1 Voice Initiative is held annually at the Cape Town International Convention Centre. It is already being sponsored by companies such as AVON and Pick-n-Pay. This is a unique opportunity to stand united against domestic violence and give women of all cultural and economic backgrounds to network.

Healing and Sharing

Gender-based violence is the result of multiple factors that include culture, imbalances of power in gender equality, and poverty among others. In order to promote healing, we piloted a *new approach* that leverages counselling and the arts - writing, photography and video - to spark healing in women survivors of trauma. Afterwards, these creative assets are then used to raise awareness through photo exhibitions and social media campaigns.

The *Every Scar Tells A Story* Women Writing Retreat is a creative writing workshop that focuses on providing a sacred space where women survivors of gender-based violence and other trauma reflect, release and heal through recounting their stories.

Enough is Enough is a photo art exhibition where we leverage the assets (video and photography) generated during the retreat workshop to raise awareness about what Gender-based violence is and what it's effects are.

Mobilizing Resources for project under the funding radar

During the past 10 years we awarded a combined total of R7 million rand in grants to small grassroots women-led community based organisations. More recently, we supported the Shelter Movement by educating 200 women on victim empowerment and providing them with counselling.

Grassroots movements and community based organisations led by women stand the best chance at effecting change. They know the challenges and the context first hand. However, they often fall under the radar and don't have the resources they need. 1000 Women stands with them with resources and network to help them succeed.

Social Media Training & Skills Training in Rural Communities

1000 Women Trust in partnership with Women'sNet provides ICT training to women-led organisations in the use of social media as a means of amplifying their voice. This training helps small organisations reach donors, activists and people within their communities.

In collaboration with our partners, community-based counsellors receive training to serve vulnerable men, women, and children, and women are trained in victim empowerment and human trafficking.

Get in touch with us. We would love to hear your feedback and find ways you can get involved.